

2023
HOLIDAYS



 **Go Beyond Holidays**
...with you all the way!

Go beyond your travel expectations...



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The front cover is a painting by James Kenyon called 'Icelandic Skies'. James painted it on a holiday with us in Iceland. Thank you James for letting us use it



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At a Glance, our Holidays for 2023



The Alpine Winter Adventure – 15th – 22nd January

Go Beyond in the Mountains

Skiing in the French Alps – 4th – 11th March

Go Beyond hits the slopes

The Paradise of Morocco – 13th – 21st March

Go Beyond in the Kingdom of Colour

Iconic Paris – 4th – 9th May

Go Beyond in the City of Light

Ireland Road Trip – 10th – 17th May

Go Beyond tour of The Emerald Isle

Iceland Land of Fire and Ice – June / July

Go Beyond in the land of the Vikings

The Great Spanish Adventure – 24th – 31st July

Go Beyond - Taste of Adventure

Discover The Beauty of Spain – 2nd – 9th August

Go Beyond – Sketches of Spain

The Best of Spain – 10th – 17th August

Go Beyond Mixes it Up

Hello and Welcome to 2023

A warm welcome to the 2023 brochure. We hope that you are all well and enjoying life. You may have noticed that our program does not include our 2023 autumn program. We have decided to release our autumn program in a separate brochure a little later this year. We like to keep you in anticipation of exciting holidays to come.

As I write, I can reflect on our spring and summer holidays from 2022. In spring we spent time at the races at the Vintage Grand Prix in Monaco, a thrilling experience, immersing us in the classic racing cars of a golden age in motor racing. We saw some fabulous wildlife in the Camargue, South of France and made a new friend in Frederic our tour guide who took us to a magical place in the Alpilles where we saw Eagle Owls. Our summer was spent in the mediaeval pilgrimage sites in Santiago de Compostela. In the sleepy, yet lively fishing village of Corrubedo in Galicia, we spent 5 beautiful weeks on different holidays allowing our guests to explore the region. We were also lucky enough to make many new Spanish friends who, like you, have now joined the Go Beyond family.

We have been busy with Travel Buddy holidays too, Sweden, England, Scotland and France, supporting guests to have a holiday of their choice, going crazy at a rock festival, fulfilling a lifelong ambition by dancing at the Abba museum, work experience at a French radio station, accessing the Cairngorm mountains by wheelchair and seeing the beauty of the Cote D'Azur in France. We have enjoyed supporting guests to achieve their travel ambitions.



Looking to 2023, we will be heading back to Spain for the summer for those of you who couldn't get there and for those of you who loved it so much you want to go back there. We have a wonderful Alpine adventure trip to kickstart the year in January, followed by a skiing holiday in March. Morocco beckons in Spring for our first trip outside Europe and the culinary delights of Paris is calling all of you who love culture and love food. With a road trip in Ireland and a fresh look at Iceland we are happy that for the first part of 2023, we have got your travels covered!

Much love

Ian and Neil

Who Are Go Beyond Holidays?

We have been providing supported holidays since 2009. Created by, Neil and Ian, Go Provence, as it was known then, began running supported holidays in Provence, South of France. Over the next decade, Go Provence grew to run holidays all over Europe, from Italy to Iceland, and from Bulgaria to Scotland. In 2020, because of this growth, we changed our name from Go Provence to Go Beyond Holidays. We feel the new name reflects our desire to go beyond your expectations in every way.

Go Beyond Philosophy

The main aspect that sets us apart from other supported holiday companies, is who Neil and Ian are, together with our team, our personalities and our life's journey. Our characters, and what we believe in are intrinsically threaded through Go Beyond Holidays. We believe 100% in what we have created and our approach with the philosophies we use. Our philosophies are simple.

Only support guests where needed, using guidance from a completed support questionnaire and our care plans.

Treat each guest as an equal as we should remember that we all need support in certain areas of our lives.

Give as much time as we can to our guests and listen a lot. We believe in valuing people, valuing dreams, stories, and futures.

Our holidays are pitched at a level that will be appealing to everyone.



Be flexible and adapt to changes that we may have to make that were not planned for.

Provide clear and regular communication between care network of guest to ascertain the best care plan and risk assessment for the holiday. This will help to create the best holiday possible that is fun, challenging and progressive, but safe.

Working with 360 Private Travel

Working with 360 Private Travel has not only helped us to access a wider range of destinations with complete financial protection, but has also allowed us to be connected with quality and approved destination management partners across the globe. This means that we can offer even greater support to ensure you enjoy happy, memorable experiences in the same spirit of adventure, friendship and fun for which Go Beyond has proudly become known.



Go Beyond Holidays

...with you all the way!

Go Beyond Holidays is an independent agent for 360 Private Travel. All flights and flight-inclusive holidays on this website are financially protected by the ATOL scheme.

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360

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360 Private Travel and Virtuoso
360 Private Travel is a member of Virtuoso, allowing Go Beyond Holidays access to preferential rates and exclusive benefits at some of the finest hotels around the world.

For Your Financial Protection





The Alpine Adventure

Go Beyond in the Mountains

15th – 22nd January 2023

You may have tried our great, summer adventure holidays in France, Spain and the UK, a time to experience activities that push your boundaries and at the same time enjoy the wonderful surrounding countryside in the golden sunshine. Well, we thought we would add a frost-sparkly twist by having an adventure holiday in the winter time, based in the French Alps.

Working with local activity provider, Undiscovered Mountains, we have put together a holiday that will excite you, challenge you and inspire you. Activities included for this holiday are ice climbing, cross country skiing, igloo building, husky sledding and snow shoe walking. You can experience all that the mountains can give us, clean air, white snow, pristine landscapes and magnificent changing views.



Holiday name: The Alpine Winter Adventure

Dates: 15th – 22nd January 2023

Nights: 7 nights

Accommodation: Auberge des Ecrins

Food: All freshly prepared by the hotel's chef

Price: £2,900



Skiing Holiday in the French Alps

Go Beyond Hits the Slopes

4th – 11th March 2023

Whether you are a seasoned skier or a beginner, this Alpine adventure in the French Alps, is for you. The holiday will include 5 full days of skiing with ESI ski instructors, a Husky sledding ride, access to a swimming pool and ice rink and full support from our Go Beyond team (our support ratio will be 2 guests per 1 Go Beyond team member). The holiday will be based in the ski resort of Orcières, which is situated at the edge of the Ecrins National Park, in the Champsaur Valgaudemar valleys, in the south-eastern part of France. You will stay in the cosy, alpine, independent family-run hotel, Hotel Les Catrems, on the sunny southern slopes boasting spectacular mountain views. The perfect place to immerse yourself in nature's snowy peaks and enjoy your skiing holiday.



Holiday name: Skiing Holiday in the French Alps

Date: 4th – 11th March 2023

Nights: 7

Accommodation: Hotel les Catrems

Food: All freshly prepared by the hotel's Chef

Price: £3,495



The Paradise of Morocco

Go Beyond in the Kingdom of Colour

13th – 21st March 2023

Morocco sits at the north western tip of the mighty continent of Africa with coastlines that stretch along the Atlantic and Mediterranean coasts. Known for its welcoming people, delicious food, pungent, spicy smells that rise up from the lively streets, an awakening for the senses. Morocco has a rich, cultural history and world renowned architecture combined with its majestic landscapes of mountains, deserts and beaches. We hope you come and join us on The Paradise of Morocco for a cup of mint tea from a Moroccan roof terrace and enjoy an African sunset.

We have partnered up with Moroccan based, local specialists, Jeremy Schmidt and his team at Morocco Accessible Travel, to guarantee that we get the best out of our nine day trip.



Holiday name: The Paradise of Morocco

Date: 13th – 21st March 2023

Nights: 8 nights

Accommodation: A mix of 4-star hotels and riads.

Food: The food that is served will be a wide variety of Moroccan foods that may include tagines, couscous and grilled meats. Often, many of the hotels and restaurants have a few options for those of you who would like more “Western” type meals including hamburgers, chicken, french fries, etc. There are also often vegetarian options for those who prefer not to eat meat.

Price: £3,995



Iconic Paris

Go Beyond in the City of Light

4th – 9th May 2023

Paris is often referred to as the 'City of Light', due to its leading role in the 'Age of Enlightenment'. We would like to show you around this beautiful city, rich in culture and history, and feel enlightened afterwards, with a 5 night stay here. Join us for this supported holiday to Paris. In addition to all the above, we are going to spend an evening at the sassy cabaret club, the bohemian Moulin Rouge, a 2-hour spectacle of acrobatics, costumes, music, and dancing, including the infamous Can-Can, accompanied by a 3-course gourmet meal. Talking of food, the French are famous for it, so of course you cannot come to Paris without sampling its culinary delights. Each evening we will visit different French restaurants to get the full flavour of not just the food, but the boulevards and terraces and glimpse how it feels to live like a true Parisian. This is a trip you will not forget.



Holiday name: Iconic Paris

Date: 4th – 9th May 2023

Nights: 5 nights

Accommodation: Hotel France Eiffel

Food: Each morning we will start the day with a typical French breakfast, hot drinks (tea, coffee, hot chocolate), bread and pastries, cereals, fruit juice, fruit salad, yogurts, cheese and eggs. You can enjoy your breakfast on the hotel patio in the fresh air if you choose. Lunch will be a picnic and dinner will be spent in a different restaurant each evening to experience another cultural element that Paris is famous for.

Price: £3,100



Ireland Road Trip

Go Beyond tour of The Emerald Isle

10th – 17th May 2023

Ireland is a country that has such wonderful natural beauty and this holiday has been designed to take in as much of the Emerald Isle as possible at a time of year which is renowned for Ireland being at it's best. Starting off in Ireland's capital, Dublin, a hub for writers, artists and great thinkers, your trip will head down the coast to the medieval lanes of Wexford. Further south and to the west to visit Cork and its natural harbour, one of the biggest in the world. Back on the road, and we are off to the port of Dingle, a region known for it's sandy beaches and rugged coastline. Next it's the Atlantic city of Limerick and then up to Galway where music fills the air of this lively city. The tour finishes where it began, in the capital, Dublin. A road trip of Ireland is the perfect way to see it all!



Iceland Land of Fire and Ice

Go Beyond in the land of the Vikings

June / July 2023

Home to some of Europe's most beautiful scenery, waterfalls, volcanos and glaciers are just a few wonders that this island in the Atlantic have to offer. We will be staying in a large farmhouse in the middle of the famous Golden Circle, known for the erupting Geysir, the massive waterfall at Gullfoss and Parliament Fields, where early Viking settlements got together to form parliament back in the 9th Century. At Parliament fields you can also walk through a geological wonder, the two tectonic plates of North America and Euroasia. We will visit the southerly town of Vik and it's bizarre black beach, travel by ferry to the Westman Islands where we could see a nesting puffin, walk around the small volcano Eldfell. We will visit the capital, Reykjavik, see the gothic church Hallgrimskirkja and pop into a Viking museum. If you fancy something different, something fresher, and something that will stay with you for the rest of your life, then come with us to Iceland.



Holiday name: Iceland Land of Fire and Ice

Date: 4th – 11th July 2023

Nights: 7 nights

Accommodation: Skálinn Farmhouse

Food: Freshly prepared by the Go Beyond chef

Price: £3,250



The Great Spanish Adventure

Go Beyond - Taste of Adventure

25th July – 1st August 2023

Galicia, tucked up in the northwest of Spain, just above Portugal, an Atlantic coastal commune, full of rounded hills and low mountains, rivers and firths. This is Go Beyond's home for the summer, a place for you to invigorate your senses and reconnect to nature. Immerse yourself in this Spanish paradise with a kayaking and snorkelling activity around one of the many archipelago islands, spend time on the waters of the Rio Ulla by raft, get completely soaked in the shallows of the salty, Atlantic with a surfing lesson, and hike the final few kilometres of the famous Camino de Santiago like a famous pilgrim . This adventure holiday gives you the chance to see, hear, feel and breathe the real Spain.



Holiday name:

The Great Spanish Adventure Holiday

Date: 25th July – 1st August 2023

Nights: 7 nights

Accommodation: The Beach House, Corrubedo

Food: Freshly prepared by the Go Beyond chef

Price: £2,700



Discover The Beauty of Spain

Go Beyond – Sketches of Spain

2nd – 9th August 2023

We will be exploring the local Galician region through many imaginative ways. Travelling to an island by boat, which according to The Guardian has the best beaches in the world. Visiting the town of Santiago de Compostela and of course the famous cathedral that is reputed to house the remains of James the Great Apostle. The cathedral is also the end of the famous pilgrim route Camino de Santiago (Way of St. James). There is also some fabulous tours with tour guides, including a 7 stop trip to the north coast, taking in Finisterre and the Costa da Morte. We will spend time near the famous Dunas de Corrubedo, with a surfing lesson and a hike along the rugged coastline from the nearby lighthouse into the Corrubedo fishing harbour. This tiny corner of Spain will feel like home after your holiday.



Holiday name: Discover the Beauty of Spain

Date: 2nd – 9th August 2023

Nights: 7 nights

Accommodation: The Beach House, Corrubedo

Food: Freshly prepared by the Go Beyond chef

Price: £2,830



The Best of Spain

Go Beyond Mixes it Up

10th – 17th August 2023

We have mixed up some of the activities from the Great Adventure and Discover the Beauty of Spain holidays to give those a holiday who wish to partake in a few adventurous activities combined with some visits in Galicia. Your holiday will include. Visiting the town of Santiago de Compostela and of course the famous cathedral that is reputed to house the remains of James the Great Apostle. The cathedral is also the end of the famous pilgrim route Camino de Santiago (Way of St. James), which you will walk the last few kilometres to get a sense of how the pilgrims feel. A trip to the north coast, taking in Finisterre and the Costa da Morte. We will spend time near the famous Dunas de Corrubedo, with a surfing lesson and a hike along the rugged coastline from the nearby lighthouse into the Corrubedo fishing harbour. This tiny corner of Spain will feel like home after your holiday. To top off this great mix of adventure and tourism, a kayaking trip around the small island of Arousa. You can do some snorkelling too if you wish. The Best of is chance to rest and play, the Spanish Way!



Holiday name: The Best of Spain

Date: 10th – 17th August 2023

Nights: 7 nights

Accommodation: The Beach House, Corrubedo

Food: Freshly prepared by the Go Beyond chef

Price: £2,850



Travel Buddies

Go Beyond holidays created by you

Have you had a hard time finding a supported holiday to the destination you want to visit, at the time you want to go? With our Travel Buddies holiday option, you choose any destination worldwide and one of our qualified travel guides will take you there. You can go where you like, when you like, and with whom you like. We want to make all holiday dreams possible and put choice and flexibility back in the hands of travellers with learning disabilities or difficulties, autism, or just those people who may need help getting to where they want to go. So get in touch with us and we'll help you plan the trip of a lifetime, made just for YOU!



The Family Menu

Our relationships with parents and loved ones are critical to enabling family members to enjoy our amazing holiday experiences. We value and appreciate the contribution you make. To coin a phrase, ‘we couldn’t do it without you!’

We also recognise the value to be gained by all parties – our holiday participants, many who are now regular guests and, indeed, friends, and equally their parents, siblings and guardians who benefit, we know, from having their own opportunities for respite and to regenerate and, if the chance arises, to take their very own holiday break. So, committed to expanding and extending the impact of our programmes, we are delighted to introduce our ‘Family Menu’ of short-break options that link, conveniently and geographically, to our exciting 2021 Go Beyond UK holiday collection. This may be a few days or a full week staying at a delightful country-house hotel, spa resort, luxury cottage or castle. Maybe time beside the sea in a boutique hotel with a view, or, depending on conditions, a holiday overseas, in Europe or beyond. We are IATA- and ATOL-protected to make all the arrangements for you – door to door and with 24/7 support and with daily, reassuring updates, to keep you abreast with all the adventures from our Go Beyond holiday programmes.

This service is aimed specifically at ensuring that when Go Beyond goes beyond, everyone wins!

Go Beyond Team



Neil Manser

Director and co-founder, Neil is the life and soul of the party, bringing the fun to Go Beyond. Aside from supporting guests at Go Beyond, Neil loves swimming in the sea, cooking and lives near St Tropez.



Ian Callen

Director, co-founder and a qualified teacher, Ian organises all the activities and planning, as well as supporting guests. Ian is a keen photographer, loves hiking and presents two radio shows on his local radio station. He lives in Provence with his wife and three children.



Karen Galway

Karen has been working as a support worker for Go Beyond since 2013. She loves kayaking and supporting guests. Karen lives in Cornwall.



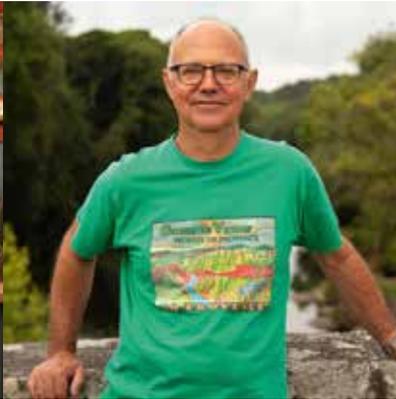
Sue Porter

Su (Holborn) is a professional outdoor instructor and qualified teacher with many years experience. She is very sociable and enjoys supporting guests on their holidays. Su loves everything to do with the outdoors, has a passion for hiking, swimming and caring for the environment. Su lives in sunny Devon putting cream first, then jam on her scones.



Christine Espley

Christine is our amazing chef who joined us in the summer of 2019. She caters for rock stars, Bob Dylan, Neil Young and Cliff Richard – and now Go Beyond guests can enjoy her culinary delights, especially her famous chocolate mousse.



John Ryde

John was a chemistry teacher for 20 years before moving to Thailand and working on school projects with his wife. He now supports people with autism and learning disabilities near Yeovil.

Joseph Callen

Joseph is a student at Exeter University studying geography, and works for Go Beyond in the summer. Our returning guests will remember Joseph as a 7 year-old from when we began and have watched him grow up. Joseph likes to keep fit and is bilingual in French and English.



Jasmine Callen

Jasmine has grown up with Go Beyond. The daughter of directors Ian and Anna, she was there at the beginning, as a cheerful 4 year-old, with lots of smiles for our guests. Jasmine is studying at the international school in Manosque, France, and hopes to be a photo journalist. Jasmine enjoys climbing, photography and music. She is an avid reader and is bilingual in French and English.



Customer Feedback

Thank you both so much for ensuring Siobhain had an enjoyable holiday in the Cotswolds. We really haven't had any negative feedback from her. She has nothing but happy memories and has returned home tired but content. Allowing the young people in the group to adapt the original holiday plan to reflect their personal needs made the experience a real holiday, we all like our views to be recognised and acted upon. **Mother of a guest.**

Just to say on behalf of Sophie thank you so much for last week, I think she had a great time. The photos of where you went were amazing and I was glad to see Sophie's walking boots in evidence. You and Neil have a wonderful set-up and you bring a lot of joy and interest into people's lives. **Parent of a guest.**

Just wanted to say thanks very much to you, Neil and your team for the wonderful holiday which you organised. Charlotte has not stopped telling us about it and I am sure she will continue to do so for some time yet! The fact that she also managed to get herself a group of friends that she can continually message and is so happy is just fantastic. I am sure she will be joining you again next year and hopefully we will actually get to meet you! **Parent of a guest.**

I wanted to let you know that Tabitha is safely back home. She's had an amazing time and can't wait to come back again. Thank you and all your staff for looking after her so well and giving her such a fantastic time. I think she will certainly want to stay with you again! **Parent of a guest.**



Have had the best holiday ever with Go Provence Supported Holidays (now Go Beyond). It was my first holiday ever with you Go Provence (so helpful and supportive in every way and completely safe), can't wait to go again with you team !!!!

Robert – Holiday Guest

Incredible people, incredible holidays! My brother's year is made on these holidays, wish I could rate it more than 5*! Couldn't recommend higher, anyone who is considering it just get it touch you won't regret it!. **Leah – Sister of a Guest.**

Bill and I would like to say a huge thank you to you and the team for giving Sasha such a lovely holiday. It was a huge experiment for us and was a real success! She had a wonderful time and we look forward to her joining you again in the future. (It was fantastic that her clothes came back washed and folded! A real treat!).

Judith – Parent of a Guest.

Andrew clearly loved his holiday and came back happy and relaxed which is due to you and the team in providing a wonderful, full on, safe holiday and more importantly the friendship that you offer to Andrew. Keep up the good work! **Dorothy – Parent of a Guest.**



What is included when you book?

- **Quality and comfortable accommodation.**
- **All meals by our resident chef, Christine.**
- **All activities on your holiday.**
- **Support from our Go Beyond team during your holiday.**
- **Transport and transfers.**
- **Quality communication with your support network at home through WhatsApp groups created for your holiday, and a feedback sheet.**
- **Financial protection from ATOL and IATA.**
- **Return flight from designated airports, accompanied and supported by our Go Beyond team.**



How to Book

If you have any questions or wish to book a holiday, you can make contact with us in a number of ways:

Visit: www.gobeyondholidays.com
and go to our contact page

Email us at ian@gobeyondholidays.com

Telephone us

on our French landline **00 33 (0)9 73 21 31 18**

on our French mobile **00 33 (0)6 83 86 22 25**

Write to us at:

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Covid-19

Experience with Covid-19 regulations

During the pandemic, we have followed Covid-19 regulations whilst running supported holidays in England and Scotland, as laid out on the UK government website.

We have used 'bubbles of six', encouraged social distancing wherever possible, and provided everyone with hand-washing stations in the accommodation. Temperatures have been monitored each morning and recorded. Risk assessments were put in place to reduce the risk of transmission, to keep everyone safe and how to act if anyone should display Covid-19 symptoms.

All the policies we have in place are shared in detail with our guests and their support network. We take Covid-19 seriously and we work to keep our guests and team safe.

We recommend that you take out travel insurance to cover any disruptive cost resulting from Covid.





 **Go Beyond** Holidays
...with you all the way!